



# HAWK TALK

THE HICKMAN ELEMENTARY  
SCHOOL NEWSLETTER

## March and April 2024

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Welcome to the March and April edition of the Hickman NEST newsletter!

Firstly, a big thank you to everyone who attended Coffee with the Principal. Your presence and engagement in discussing important topics make our school community stronger.

Additionally, a warm welcome to the 70 guests who attended the Leader in Me Symposium, where we showcased our school and its leadership initiatives.

We also want to express our gratitude to the families who joined us and supported the Scholastic Book Fair. Your purchases helped make it another fabulous success, benefiting our school library and literacy efforts.

Looking ahead, we have some delicious Dine Outs planned, including Applebee's, Panera, and Pokeland. Flyers can be found on our website at [www.hickmannest.com](http://www.hickmannest.com). Thank you for your continued support, and we look forward to seeing you at our upcoming events!

Sincerely,

-The Hawk Talk Newsletter Committee





# Message from the Principal



Hello Hickman Families,

I wanted to share with you an exciting honor our school recently received. We were asked to be a part of the Leader In Me Symposium which took place in San Diego on February 27-28th. As part of the Symposium, participants had the chance to tour a few select San Diego Leader In Me Schools. Hickman Elementary was asked to be one of the schools for the tour groups! We hosted 70 guests who came and toured our school who wanted to learn more about our Leader In Me program and journey.

I want to thank our Leader In Me coordinators, Cherrylyn Fidel, Michaelann Carroll, and Lyanna Alvarez for planning this fantastic day. They worked with our Student Lighthouse Team to plan the event and incorporated the student's ideas into the plan. Our guests toured classrooms led by our Student Lighthouse team and heard from panels of our students, teachers, and parents each sharing their Leader In Me experiences.

It was an incredible day for our school being able to share our commitment, journey, and passion for the Leader In Me program and being able to highlight all of our amazing leaders!

Thank you,

Christi Martelli  
Principal, Hickman Elementary




# LEADER IN ME SYMPOSIUM

## Growing LEADERS

### One Habit at a Time


**Be Proactive**

"Habit 1 is to be proactive. What habit I mean is not just making yourself, but being aware of other people that your friends, your teacher and your family. Being proactive is doing the right thing without being asked. For example, helping people in need, and being in charge of a certain thing." - *Mason, 5th*




**Begin with the End in Mind**

"Habit 2 is begin with the end in mind. I like this habit because I like you that you are prepared for everything before you do it. You need to make a plan to set a goal and try to reach it. Habit 2 helps you know your goal to do all the small things to get the big goal." - *Mason, 5th*




**Put Things in Order**

"Habit 3 is put first things first. This means that you put the important things first and less important things after. Completing homework or assignments before watching TV or playing games is an example of putting first things first. I love this habit because it helps you have to learn to get the most important and maybe less fun things first, and the less important and maybe more fun things second." - *Oliver, 5th*




**Think Before You Act**

"Habit 4 is think before you act. This means that everybody like talking or when I first heard of this habit I was in love with it. Our school wants everyone to get along and have a good school year." - *Gabby, 4th*



**Seek First to Understand, Then to Be Understood**



"Habit 5 is to seek first to understand then to be understood. This habit means to listen to other people first and then share what you think. I just want the opportunity to know what other people's lives are." - *Alexis, 4th*



**Sharpen the Saw**

"Habit 6 is sharpen the saw. I get work done I love it because everyone uses it." - *Shelby, 4th*

"I love it because it's nice and it does all the habits." - *Alexis P., 4th*





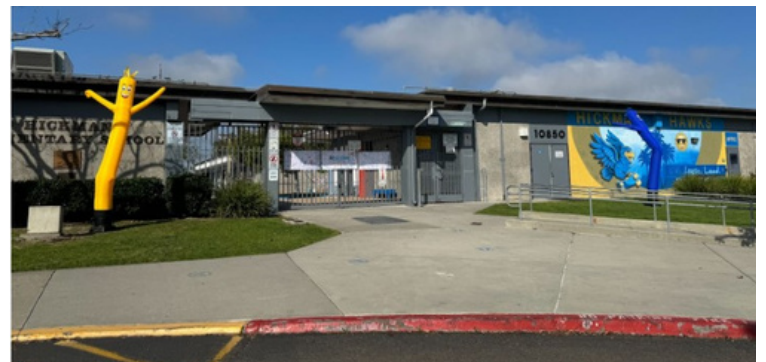
**Be Synergistic**

"Habit 7 is synergistic. To be in the room work together and go with the flow and to be everyone included." - *Abby K., 4th*

"Sharpening makes everyone feel safe and welcome by putting everybody's thoughts and ideas together to make something big and powerful." - *Abdullah, 5th*

"We have Habit 8 because together is better!"



# LEADER IN ME

## HABIT 6: SYNERGIZE



# MARCH

HICKMAN ELEMENTARY  
LEADER IN ME FAMILY NEWSLETTER

## HABIT 6: SYNERGIZE

### Habit of the Month: HABIT 6 SYNERGIZE

Greetings Hickman Families,  
All throughout MARCH, our school will be highlighting HABIT 6: SYNERGIZE. Your child is learning the following:

#### **SYNERGY IS:**

1. Celebrating differences.
2. Working together.
3. Being open-minded.
4. Finding new and better ways.

#### **SYNERGY IS NOT:**

1. Being intolerant.
2. Working independently.
3. Thinking you are always right.
4. Being selfish.

### **HABIT HOMEWORK IDEA**

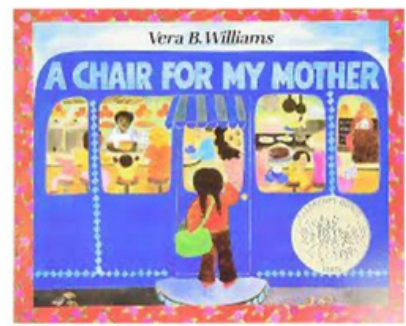
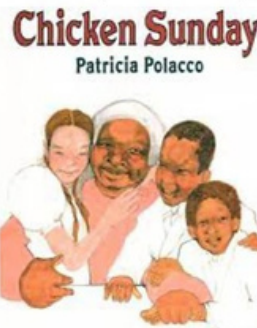
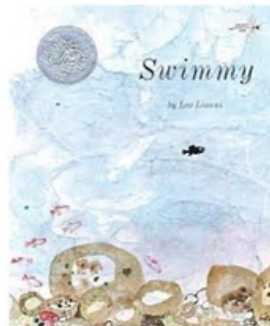
1. Complete a family project or chore together.
2. Record 2 or 3 talents for each person in your family.
3. Think about a skill you'd like to learn from someone in your family. Take time to learn and practice that skill this week.

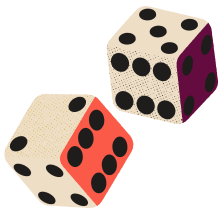
### **COMMON LANGUAGE**

Phrases and words your child is learning to use for Habit 6.

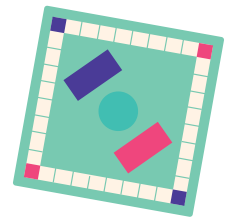
**CREATIVE COOPERATION**  
**CREATIVE TEAMWORK**  
**SYNERGIZE**

Suggested books you can read at home with your family:





# GAME NIGHT



A BIG THANK YOU TO ALL THE FAMILIES WHO JOINED US FOR HICKMAN FAMILY GAME NIGHT! YOUR PARTICIPATION AND THE GAMES YOU BROUGHT MADE THE EVENT A HUGE SUCCESS. WE HOPE YOU HAD A FANTASTIC TIME TRADING AND PLAYING WITH OTHER FAMILIES. YOUR SUPPORT AND ENTHUSIASM FOR OUR EVENTS ARE TRULY APPRECIATED!



# SCHOLASTIC BOOKFAIR



We are thrilled to announce that we had another amazing turnout at the Scholastic Book Fair! Thank you to all the families who attended and supported this event. A special thank you to our volunteers, especially Lisa A., for their time and dedication.

# CLASSROOM CHRONICLES



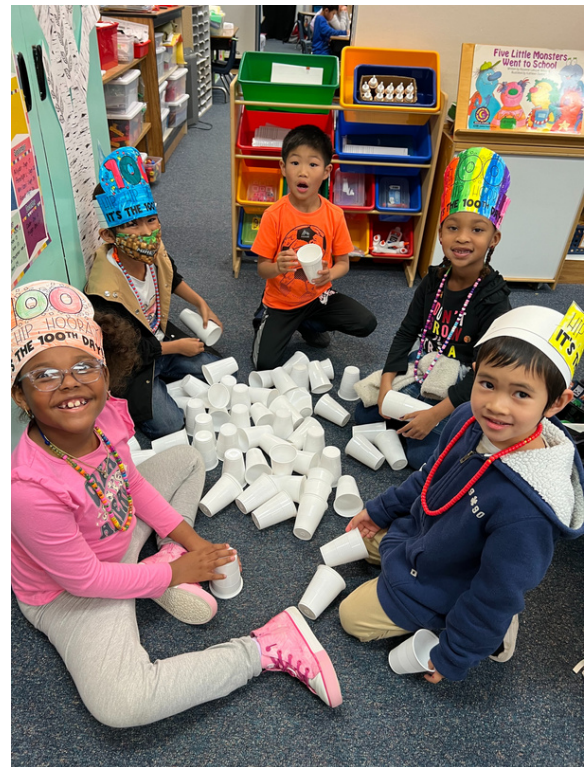
Calista P., Room 22



Celebrating 100 Days in Room 22



Aliyah C., Room 22



Celebrating 100 Days in Room 22

**SPECIAL SHOUT OUT TO MRS. TILOS-THATCHER WHO ALWAYS SUBMITS SOMETHING FOR THE NEWSLETTER!**

# ANNOUNCEMENTS



We need your help again! Our leaders are in need of more choices at the Hickman store. If you would like to donate please click [here](#). Thank you!

We are proud to announce the addition of our new librarian, Jessica Cassidy. Welcome Jessica!



# DON'T FORGET!



## Dining to DONATE

APPLEBEE'S WILL DONATE 15% OF YOUR CHECK TO:

**HICKMAN NEST**

**APPLEBEE'S**  
Date: 3/19/2024 9480 Mira Mesa Blvd.  
Time: 11am-Close San Diego, CA 92126

Present this flyer to your server prior to payment.

Valid on dine-in and To Go orders placed for pick up. Not valid on delivery. Valid at location listed above on scheduled date only. 15% donation excludes alcohol, tax, and gratuity.

DONATE



SUPER PLEDGE

**Help Support Hickman Elementary**

Our Apex Fun Run fundraiser starts on **Tuesday, March 19th**

WE WOULD LOVE YOUR HELP RAISING FUNDS FOR: STEAM Programs!

**IMPORTANT DATES:**  
Pledging Opens: **Tuesday, Mar. 19th**  
Fun Run Day: **Thursday, Mar. 21st**

**GETTING STARTED:**  
When pledging opens go to [www.apexleadership.com](http://www.apexleadership.com) and login using your child's unique ACCESS CODE.

**MAKE A DONATION:**  
Make a fun donation. Pledge a dollar amount per lap that your child completes at the event. Reported laps are capped at 30 max. If a student is absent or unable to participate, their laps completed will default to 30.

**SHARE:**  
Use the "Share Wizard" tool to send a donation link via email, text, and social media to 10 family members and friends asking that they donate online to help our school.

**ABOUT OUR FUNDRAISER**  
Our goal is to provide all of our students with the best education and school experience possible and to ensure they have the tools they need to learn and grow. All students are included in the leadership program and fitness event regardless of financial participation in the fundraiser. If you can help, please know that no donation is too small!

**ABOUT APEX LEADERSHIP CO.**  
Apex is a two-week interactive leadership and character-building program combined with a fitness focused event fundraiser to help schools raise much needed funds.

**2023-2024 LEADERSHIP THEME: POWER**  
The leadership program focuses on developing student self-control, decision-making and interpersonal skills vital for school and life success. The quick, engaging lessons tie in with our school's vision and mission, encourage students to create a positive environment, and inspire them to lead by example.

**WITH APEX WE WILL CHARGE OUR POWERS AND MASTER FIVE HABITS THAT WILL UNLEASH THE POWER OF LEADERSHIP!**

**REACTIVE**  
**PRIMITIVE**  
**OWN IT OUT**  
**SPORTY**  
**HEALTHY SHEER**

[apexleadershipcompany.com](http://apexleadershipcompany.com) [Facebook](https://www.facebook.com/apexleadership) [Instagram](https://www.instagram.com/apexleadership) [LinkedIn](https://www.linkedin.com/company/apexleadership) [YouTube](https://www.youtube.com/channel/UC...)







# ANNOUNCEMENTS



Have you heard?

Tomorrow is our POWER Pep Rally for our @apexleadershipcompany APEX Fun Run and afterward pledges will be open! Check Class Dojo for a link where you can donate for every lap your child completes.



# KNOWLEDGE HUB

## BOOKSHELF FINDS



Engaging reads and teacher-recommended favorites:

**UTK: HHE MITTEN**

**KINDER: GOODNIGHT MOON**

**1ST GRADE: FLY GUY SERIES**

**2ND GRADE: MAGIC TREE HOUSE SERIES**

**3RD GRADE: THE PENDERWICKS**

**4TH GRADE: NUMBER THE STARS**

**5TH GRADE: WISH TREE**

## SCHOOL CLUBS

Explore the many on-campus programs available at Hickman! Dive in and join these exciting opportunities:

**STUDENT LIGHTHOUSE**

MRS. ALVAREZ

**MATH & SCIENCE CLUB**

MRS. KLINGKAMMER

**BOARD GAMES CLUB**

MR. EBERT

**RUNNING CLUB**

NEST

**GARDEN CLUB**

SAM MEJIA

**RECYCLING CLUB**

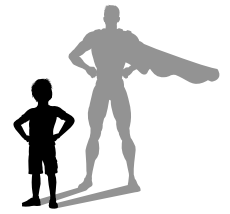
MS. PERKINS

**NO PLACE FOR HATE CLUB**

SAM MEJIA



# HICKMAN HEROES



Recognizing the staff and students who have gone above and beyond in contributing to the school community!



Thank you Mrs. Fidel for all you do for the school, students, community, and staff! You are appreciated!!

SPECIAL THANK YOU TO ALL THOSE PARENT VOLUNTEERS WHO DEDICATE THEIR TIME AND ENERGY TO HELPING HICKMAN SOAR!

## 2023–2024 Hickman N.E.S.T.

### Board of Directors:

**President:** Jill Nery

**Vice President, Volunteering:** Lisa Autus

**Vice President, Fundraising:** Dominique Fite

**Treasurer:** Cheri Chandler

**Incoming Treasurer:** Patty Kotnik

**Secretary:** Zena Hovda

### Committees:

**Apex Fun Run:** Jill Nery

**Military Families:** Melissa Berry

**Fifth-Grade Committee:**

Ashley Agustin & Cheryl Fidel

**Newsletter:** Dominique Fite & Chelsey Koga

**Garden and Beautification:** Liezel Labios

**Web/Social Media:** Consuelo Portela

**Yearbook:** Ana Aquino

**Hickman Hallows:** Ariel Shostak

**STEAM:** Ryan Cassidy



# UPCOMING EVENTS



## March



**19:** Applebee's Dine Out

**19:** APEX Fun Run Pledging Opens

**25-29:** APEX Fun Run Week

**26:** Panera Family Dine Out

**28:** APEX Fun Run



## April



**10:** Pokeland Dine Out

**17:** Luna Grill Dine Out

**20:** Taste of Mira Mesa

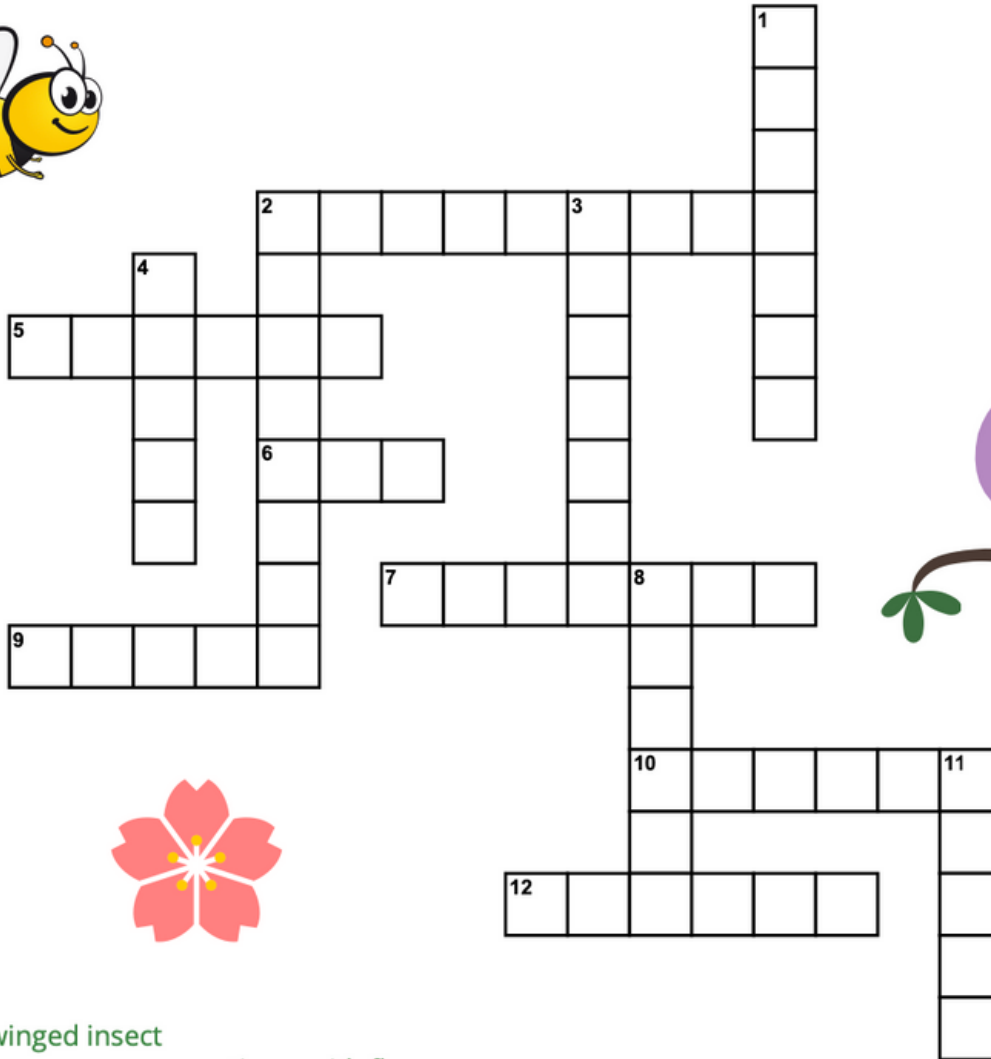
**22:** CA Fish Grill Dine Out

**22-27:** Phones for Funds Fundraiser

**30:** Rockin' Jump Family Night Out



# SPRING FUN



## Across

- [2] Small winged insect
- [5] Grassy open space sometimes with flowers
- [6] Word for planting seeds, you \_\_\_ seeds
- [7] April showers bring may \_\_\_\_\_
- [9] \_\_\_\_\_ migrate back north in spring
- [10] The dutch national flowers
- [12] Some people grow fruits, vegetables or flowers in them

## Down

- [1] Small red insect with black spots
- [2] Grow on certain trees, cherry \_\_\_\_\_
- [3] Appears after it rains
- [4] First month of spring
- [8] Holiday during spring
- [11] You bury them in the ground to grow plants

