



# HAWK TALK

THE HICKMAN ELEMENTARY  
SCHOOL NEWSLETTER

**January 2024**

## INSIDE THIS ISSUE

- Message from the Principal
- Holiday Gift Shop
- Leadership Assembly
- Fall into Fitness
- Hawk Highlights
- 5th Grade Committee Update
- Running Club
- New Year Health Fair & 5k Run
- Announcements
- Hickman Heroes
- Upcoming Events
- Treasurer's Report

**Welcome Back to School and Happy New Year!**

**We hope you all had a fantastic winter break and are ready for an exciting new year at Hickman Elementary. We have a lot of fantastic events coming up that we can't wait to share with you!**

**First Coding Fundraiser: Join us for our first-ever coding fundraiser where students can showcase their coding skills while supporting a great cause.**

**New Year Fun Run and Health Fair: Get ready to lace up your running shoes for our New Year Fun Run, which will be held in conjunction with our first Health Fair. It's a fantastic opportunity to get active and learn about healthy living!**

**Great Kindness Challenge: Join us in spreading kindness throughout our community with our Great Kindness Challenge. We'll be hosting a food and shoe drive to help those in need.**

**Family Movie Night: Grab your blankets and popcorn for a cozy evening at our Family Movie Night. It's a great chance to relax and enjoy a movie with your loved ones.**

**Here's to a wonderful year ahead filled with learning, fun, and kindness!**

**Sincerely,**

**-The Hawk Talk Newsletter Committee**





# Message from the Principal



Hello Hickman Families,

Welcome back and Happy New Year! I hope you had a wonderful Winter Break with family and friends! We are excited to be back and see all of our amazing students again...we missed them :)

As we enter 2024, we will continue our commitment to growing our Leader In Me program.

- We have three amazing Leader In Me Coordinators: Mrs. Fidel, Mrs. Alvarez, and Mrs. Carroll
- Our six staff Action Teams and Student Lighthouse team meet monthly to work on our yearly goals.
- We earned recognition as a Leader In Me Academic Honor Roll School for 2023. [LIM Academic Honor Roll Letter](#)
- We will be hosting 50 colleagues from the Leader In Me Symposium to tour our school LIM program in February.

We are really excited about this work!

We are getting ready to build our 2024-25 budget and would like to get your feedback. Please click on the link below to fill out our survey to share what you think our priorities should be.

Thank you for filling out the LCFF forms this year....because we were able to qualify for Title 1 funds again for next school year!!

<https://forms.gle/oYAjGU3odm2GWcbB7>

Thank you,

Christi Martelli  
Principal, Hickman Elementary



# HOLIDAY GIFT SHOP: SPREADING JOY & CHEER!



The festive atmosphere of the Holiday Gift Shop added an extra touch of warmth to our school, fostering a spirit of giving and gratitude. It was truly heartwarming to see our students embrace the joy of giving, and we are immensely proud of their generosity and thoughtfulness.

We extend a heartfelt thank you to everyone who supported this wonderful initiative, especially those who volunteered their time to manage the store. Your efforts were instrumental in making it a resounding success.



# CELEBRATING LEADERSHIP EXCELLENCE



We are thrilled to congratulate the exceptional students who were honored with a Leadership Award before our winter break. Their leadership serves as a shining example for their peers and reflects the values we hold dear at Hickman Elementary. Go Hawks!

And we even had a special visit from Mr. Grinch!



# Celebrating Fitness Achievement at Hickman Elementary

**FALL INTO FITNESS 2023  
NATIONAL RESULTS**

**139,001,527 STEPS** 74 Teams  
868 Active Participants

139 Million Steps is equivalent to...  
**69,500 MILES**

THAT'S ENOUGH TO CROSS THE UNITED STATES MORE THAN 33 TIMES!

**TEAM AWARDS**

<p><b>COMMUNITY HUSTLE TOP TEAM</b> 102 Active Participants</p>  <p><b>BARNARD ELEMENTARY</b> SAN DIEGO, CA</p>	<p><b>COMMUNITY HUSTLE RUNNER UP</b> 58 Active Participants</p>  <p><b>HICKMAN ELEMENTARY</b> SAN DIEGO, CA</p>
<p><b>WENT THE DISTANCE TOP TEAM</b></p>  <p><b>LATTA PUBLIC SCHOOLS</b> ADA, OK</p>	<p><b>WENT THE DISTANCE RUNNER UP</b></p>  <p><b>HAWTHORNE ELEMENTARY</b> SAN DIEGO, CA</p>
<p><b>TEAM SPIRIT AWARD SHARING ON SOCIAL</b></p>  <p><b>@HEALTHCORPSONARD</b> OXNARD, CA</p>	<p><b>TEAM SPIRIT AWARD HEALTHCORPS ALUMNI ENGAGEMENT</b></p>  <p><b>ASU Preparatory Academy</b> Arizona State University PHOENIX, AZ</p>

*Congratulations, teams! Each of these nationally awarded teams will receive an additional \$100 in physical activity promotion supplies & a brag banner to display on their campus!*

2023 HEALTHCORPS, INC. ALL RIGHTS RESERVED.

**FALL INTO FITNESS 2023  
SDUSD TEAM LEADERBOARD**

TEAM	TOTAL STEPS/STEP EQUIVALENTS	ACTIVE # OF PARTICIPANTS	AVG STEPS PER PARTICIPANT	PLACE BY AVG STEPS PER PARTICIPANT (Teams of 10+)
Barnard Elementary School	16,714,543	102	163,868	16
Hickman Elementary	10,006,483	58	172,526	12
San Diego SCPA	7,763,631	44	176,446	10
Burbank Elementary	5,582,918	29	192,514	5
Crawford High School	4,981,193	32	155,662	18
Crown Point Jr. Music Academy	4,795,688	24	199,820	3
Field Elementary	4,321,417	25	172,857	11
Wilson Middle School	4,137,317	23	179,883	8
Marshall Middle School	3,883,422	23	168,844	14
Hawthorne Elementary School	3,477,468	15	231,831	1
Tierrasanta Elementary	3,289,431	18	182,746	6
Chollas/Mead Elementary	2,995,664	23	130,246	22
Twain High	2,893,081	16	180,818	7
Euclid Elementary	2,789,166	21	132,817	21
Grant K-8	2,738,091	14	195,578	4
Jones Elementary	2,718,714	18	151,040	19
Cherokee Point Elementary	2,304,880	13	177,298	9
Florence Elementary	2,250,115	11	204,556	2
San Diego Unified District Employees	2,197,005	13	169,000	13
Garfield High School	1,993,021	12	166,085	15
La Jolla High	1,727,228	11	157,021	17
Oak Park Elementary	1,471,547	11	133,777	20
Kumeyaay Elementary	1,466,560	8	183,320	
Lewis Middle School	1,191,252	8	148,907	
McKinley Elementary	1,091,029	6	181,838	
Clay Elementary	1,087,194	8	135,899	
Pacific Beach Middle	1,056,462	6	176,077	
San Diego High School	1,017,278	9	113,031	
Keamy High School	962,196	7	137,457	
Horton Elementary	838,556	6	139,759	
Montgomery Middle School	816,594	9	90,733	
Bethune K-8	625,410	5	125,082	
Benchley/Weinberger Elementary	625,000	1	625,000	
Jefferson Elementary	596,089	1	596,089	
Miramar Ranch Elementary	576,335	4	144,084	

Hickman Elementary School has reason to celebrate as we proudly announce our success in the "Fall into Fitness" competition. We were recognized as a Community Hustle runner up for having a team with the second most participants. Go Hawks!

With a total of over 10 million steps recorded among 58 participants, averaging an impressive 172,526 steps per participant, our school truly embraced the spirit of fitness and wellness.

We are thrilled to congratulate Noah T. from Ms. Carroll's class, who emerged as the winner of the eBike raffle. Noah's dedication to staying active has earned him this exciting reward!

# HAWK HIGHLIGHTS



Lily S. from Ms. Martin's class in Room 25 was the lucky raffle winner for the Health Assistant for the Day!



Ishaan Killampalli, from UTK Room 11 has graduated to purple belt in Karate during his belt testing during winter break. Woohoo Ishaan!



Noah H. from Mrs. Carroll's class in Room 41 and his family welcomed the newest member of their family over the break. Meet their French bulldog, Bruno Apollo. He is sweet, playful and loves to cuddle.



Jameson P. from Mrs. Wang class in Room 31 achieved his orange belt at KickForce! It's a big accomplishment for him personally to get to the next belt level. Go Jameson!

# 5TH GRADE COMMITTEE UPDATE

In December our 5th grade committee added student representatives. These student leaders will help plan 5th grade centered activities throughout the remainder of the year. In order to make this the best last year at Hickman for these kiddos, we welcome all 5th grade students to share their ideas with a fellow 5th grade committee student leader. Thank you to the leaders below who have stepped up to take on this leadership role: Akira, Valeriia, Sanaz, Isabella, Jaylah, Ellie, Mia, Naomi, Jack, Ava, Iker, Zaynab, and Matthew B.



As our 5th graders plan for the remainder of the year, they are also preparing for their transition to middle school. Challenger Middle School hosted parents and guardians of 5th grade students from Hickman, Sandburg, and Jonas Salk for an information session on January 4th. Our students will visit Challenger on January 10th for a tour and student information session. They will be bringing home several important papers to review with their adults that will need to be returned promptly.

If you have any questions about the 5th grade committee you can email us at [5thgrade.hickmanes@gmail.com](mailto:5thgrade.hickmanes@gmail.com). For questions related to Challenger you can ask your students' teacher or visit [Home - Challenger Middle School](http://Home - Challenger Middle School) ([sandiegounified.org](http://sandiegounified.org)).

# RUNNING CLUB

Happy New Year from the Hickman Running Club! Our club is an opportunity for kids to get outside and be active. We meet at the Hickman playground every Thursday and Friday morning, starting at 7:15, as long as it isn't raining. Participants can run, jog, or walk to earn prizes, certificates, and medals. Runner accomplishments are announced in Hickman Leadership Assemblies as well.



Speaking of accomplishments, our runners have had a very impressive few months! We have 42 runners registered, and they have logged more than 3,600 laps this year! That's more than 700 miles, or the distance to Las Vegas and back! These runners are on a roll!



It's not too late to join Running Club! All Hickman students are welcome, and parents can join to walk with their students. New club members are welcome any time, no need to sign up. Teachers and staff are welcome too!



# NEW YEAR HEALTH FAIR & 5K RUN



The Hickman NEST and Running Club are excited to host our first Community Health Fair and Family Fun Run on Saturday, January 20th! This new year, prioritize your family's health at Hickman.

The Community Health Fair, from 9:00 to 11:30 am, will feature mental health, oral/dental health, nutrition, and self-care resources. The County of San Diego's Live Well on Wheels Bus will be on-site to provide information and services. All community members are welcome!

The Family Fun Run starts at 9:30 am. Lace up your running shoes and join us! You can run any distance up to a full 5K, with prizes for kids who participate. If it rains, we'll host a fun indoor activity in Hickman Hall.

We are looking for volunteers to help at the 5K and health fair! Please see [here](#) to sign up. Thank you for supporting our Hickman family's health and wellness!

# GARDEN & BEAUTIFICATION CLUB

Get your gardening gloves ready for our next beautification day on Saturday, January 27th from 9am to 12pm. We will be planting vegetables and flowers in the school garden and filling the raised beds with compost (bring shovels and wheelbarrows, if you have them). If you are starting seeds for your own vegetable garden, please consider starting extras to bring to our big planting day. Contributions of succulent cuttings and drought-tolerant plants are welcome -- please make sure any plants are non-toxic and do not contain sharp tips or thorns.



The Garden & Beautification Committee will also be hosting a booth at the upcoming Health Fair and kindly requests donations of gardening supplies. They are especially in need of kids gardening gloves, organic fertilizer and amendments, vegetable and flower seeds/starts, drought-tolerant perennials, and succulents (nothing with sharp tips, please). Any contribution is appreciated! The complete wish list is [here](#).

# ANNOUNCEMENTS

## HELP SAVE OUR LIBRARY!

Sadly, our school library is temporarily closed until we find a volunteer to help us keep it running. Your assistance is crucial in maintaining this important resource for our students.

Your help, whether for an hour or a day, is invaluable. Please email [hickmannest@gmail.com](mailto:hickmannest@gmail.com) if interested in joining us to ensure that our library remains a vibrant center for learning and exploration!

## INTERESTED IN CONTRIBUTING?

Send your ideas or submissions for the next issue to [hickmannewsletter@gmail.com](mailto:hickmannewsletter@gmail.com) or visit us at [www.hickmannest.com](http://www.hickmannest.com)

# DON'T FORGET!



### Fundraiser Night

Wednesday, January 17, 2024

4:00pm - 8:00pm



Join us for food and fun. Come support your local Hickman Elementary Nest and 15% of tonight's sales will be donated accordingly.

 Mira Mesa FSU  
10750 Camino Ruiz, San Diego, CA 92126  
<https://www.chick-fil-a.com/locations/ca/mira-mesa>  
[www.facebook.com/chickfila/ca/miramesa](https://www.facebook.com/chickfila/ca/miramesa)

© 2023 Chick-fil-A Properties, Inc. Chick-fil-A® and Chick-fil-A® Bullseye are registered trademarks of Chick-fil-A Properties, Inc.



### 5TH GRADE

PROMOTION



SUPER PLEDGE

**HICKMAN NEST AND RUNNING CLUB INVITE YOU TO**

# NEW YEAR HEALTH FAIR & 5K RUN!

**JANUARY 20, 2024**  
**HICKMAN ELEMENTARY**

 <b>HEALTH FAIR:</b> 9:00 AM - 11:30 AM	 <b>5K BEGINS</b> 9:30 AM
---	---

**LEARN ABOUT:**

-  Community Resources
-  First Aid
-  Oral Health
-  Mental Health

# HICKMAN HEROES



**Recognizing the staff and students who have gone above and beyond in contributing to the school community!**



Melissa Berry

Congratulations Melissa Berry for being honored by the district as an outstanding volunteer! Melissa is not only an amazing staff member here at Hickman, but also a dedicated parent who puts in countless hours of her own time to make our school even greater! Thank you Melissa for everything you do for Hickman Elementary!

SPECIAL THANK YOU TO ALL THOSE PARENT VOLUNTEERS WHO DEDICATE THEIR TIME AND ENERGY TO HELPING HICKMAN SOAR!

## 2023–2024 Hickman N.E.S.T.

### Board of Directors:

**President:** Jill Nery

**Vice President, Volunteering:** Lisa Autus

**Vice President, Fundraising:** Dominique Fite

**Treasurer:** Cheri Chandler

**Incoming Treasurer:** Patty Kotnik

**Secretary:** Zena Hovda

### Committees:

**Apex Fun Run:** Jill Nery

**Military Families:** Melissa Berry

**Fifth-Grade Committee:**

Ashley Agustin & Cheryl Fidel

**Newsletter:** Dominique Fite

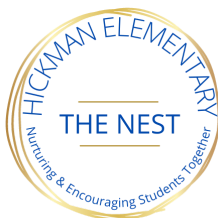
**Garden and Beautification:** Liezel Labios

**Web/Social Media:** Consuelo Portela

**Yearbook:** Ana Aquino

**Hickman Hallows:** Ariel Shostak

**STEAM:** Ryan Cassidy



# UPCOMING EVENTS



## January



**6:** Code Ninjas Fundraiser

**11:** NEST Meeting: Hickman Hall, 6-7p

**15:** Martin Luther King Jr. Day – No School

**17:** Wednesday Dismissal, 12:25p

**17:** Family Dine Out: Chick-fil-A, 4-8p

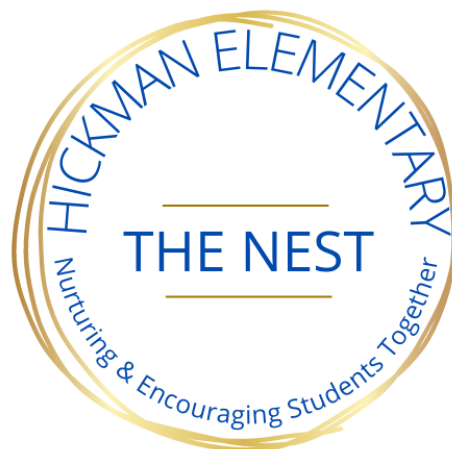
**19:** Leadership Assembly, 8-8:30a

**20:** Running Club New Years Run  
& Community Health Fair

**22-26:** Kindness Challenge/Shoe & Food Drive

**25:** Family Movie Night, 6-8p

**27:** Beautification Day



**Treasurer's Report  
January 2024**

Date	Statement Balance
1/06/2024	\$59,096.12

**N.E.S.T Major Fundraisers:**

Description	Sum of Deposit
Dine Outs	\$593.00
Spirit Wear	\$524.44
Pledge Drive (preliminary)	\$22,952.61
Shoe Drive	\$69.50
Hickman Hallows	\$1,329.88
Holiday Gift Shop	\$1,086.11
Miscellaneous	\$47.61
<i>Total</i>	<i>\$26,603.15</i>

**N.E.S.T Budget Approved:**

	2023-2024 Approved	2023-2024 Actual	Money Remaining
Administrative	\$1,860	\$1,381.53	\$478.47
Art	\$10,000	\$7,456.51	\$2,543.49
Assemblies	\$1,000	\$-	\$1,000
Beautification	\$1,000	\$521.42	\$478.58
Buses for Field trips	\$6,000	\$-	\$6,000.00
Educational Materials/Software	\$27,000	\$1,719.26	\$25,280.74
Events	\$4,000	\$3,066.12	\$933.88
Health and Wellness (Nurse)	\$1,000	\$350.00	\$650.00
Music	\$10,000	\$4,000.00	\$6,000.00
Professional Development	\$1,000	\$-	\$1,000.00
Running Club	\$1,000	\$388.86	\$611.14
Safety	\$1,000	\$700.13	\$299.87
Staff Appreciation	\$2,000	\$1,287.84	\$712.16
Student Recognition	\$500.00	\$-	\$500.00
		<b>31%</b>	<b>69%</b>
<b>Total</b>	\$67,360.00	\$20,871.67	\$46,488.33

**5<sup>th</sup> Grade Committee Balance**  
\$7,169.75

**\$7,169.75**

**Questions?** Contact the N.E.S.T. treasurer Cheri Chandler at [hickmannest@gmail.com](mailto:hickmannest@gmail.com)

# WINTER FUN

## WINTER WORD SEARCH

### Winter Word Search

S K I I N G S N O W B O O H T  
S F I R E P L A C E I N G E O  
L I E A R M U F F S C N Y T S  
E W S B C O L T R A E S T A C  
D I M L R O W S N O U G H E A  
D N U I A U L O W P S H T O R  
I T F Z E S A D E H A T A O F  
N R B Z B A E R O W P L Y I I  
G C O A T O T L Y D M W L C R  
I T O R H A F R O T A S U I E  
P O T D E C E M B E R I L C L  
L A S N C R O V I N C L O L R  
O A D H J K T C E S H O V E L  
W J A N U A R Y O E S A H S T  
M I T T E N S W E A T E R E L

BLIZZARD  
BOOTS  
COAT  
COCOA  
COLD  
DECEMBER  
EARMUFFS  
FEBRUARY

FIREPLACE  
FROSTY  
HAT  
ICE  
ICICLES  
JANUARY  
MARCH  
MITTENS

PLOW  
SCARF  
SHOVEL  
SKIING  
SLEDDING  
SNOW  
SWEATER  
WINTER



CRAYONSANDGRAVINGS.COM